



Соборний Бюлетень

Sobor Parish Bulletin

15-го Березня - March 15th

Descent of the Holy Spirit
Ukrainian Orthodox Church (Sobor) in Regina
1305 12th Ave

Український Православний
Собор Зіслання Св. Духа в Реджайні

THIRD SUNDAY OF THE GREAT FAST - TONE 7
VENERATION OF THE CROSS SUNDAY

ТРЕТЯ НЕДІЛЯ ВЕЛИКОГО ПОСТУ - ГОЛОС 7
ХРЕСТОПОКЛОННА НЕДІЛЯ

CONTACT INFORMATION

If you know of anyone who is in the hospital or is convalescing at home or if you may, for any other reason, wish to have a visit from Father please call

Fr. Volodymyr (306) 581-5600

Father's regular Office hours at the Sobor Office

MONDAY 10:00 am – 12:00 noon

WEDNESDAY 4:00 pm – 6:00 pm

Parish Council President – Dobr. Diana Dumanski – (306) 529-9668

Cantor - Maksym Kazakov – (639) 571-4325

Hospodar – Jeff Zhdanov – (306) 209-1614

АПОСТОЛ – EPISTLE

Letter to the Hebrews (4:14-5:6)

Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was. So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: "You are My Son, today I have begotten You." As He also says in another place: "You are a priest forever according to the order of Melchizedek";

Послання до Євреїв (4:14-5:6)

Отже, маючи Первосвященника Великого, Який перейшов небеса, Ісуса Сина Божого, будемо твердо триматися сповідання нашого. Бо ми маємо не такого первосвященника, який не може страждати з нами в немочах наших, але Такого, Який, подібно до нас, зазнав спокуси в усьому, крім гріха. Тому з дерзновенням приступаймо до престолу благодаті, щоб одержати милість і знайти благодать для своєчасної допомоги. Бо кожний первосвященик, який з людей обирається, для людей настановляється на служіння Богові, щоб приносити дари й жертви за гріхи, який може бути поблажливий до неуків та заблудливих, тому що й сам обкладений неміччю, і тому він повинен як за народ, так і за себе приносити жертви за гріхи. І ніхто сам собою не приймає цієї чести, але покликаний Богом, як і Аарон. Так і Христос не Сам Собі присвоїв славу бути Первосвящеником, але Той, Хто сказав Йому: «Ти — Син Мій, Я нині породив Тебе»; як і в іншому місці говорять: «Ти — Священик повік за чином Мелхиседековим».

ЄВАНГЕЛІЯ – GOSPEL

Gospel According to Mark (8:34-9:1)

When He had called the people to Himself, with His disciples also, He said to them, “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel’s will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.” And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

Євангеліє від Марка (8:34-9:1)

І, покликавши народ з учениками Своїми, сказав їм: хто хоче йти за Мною, нехай зречеться себе, і візьме хрест свій, і за Мною йде. Бо хто хоче душу свою спасти, той погубить її; а хто погубить душу свою заради Мене і Євангелія, той спасе її. Бо яка користь людині, коли вона придбає ввесь світ, а душу свою занапасть? Або що дасть людина взамін за душу свою? Бо якщо хтось посоромиться Мене і Моїх слів у роді цьому перелюбному і грішному, того посоромиться і Син Людський, коли прийде у славі Отця Свого з ангелами святими. І сказав їм: істинно говорю вам, що деякі з тих, які стоять тут, не зазнають смерті, доки не побачать Царство Боже, що прийшло в силі.

SERVICES FOR THE UPCOMING WEEK

Sunday March 15:

Divine Liturgy 10:00 am at Sobor

Mission Vespers 5:00 pm at Sobor

Monday March 16:

Holy Unction 6:00 pm at St. Nicholas Romanian Parish 1770 St. John Street

Wednesday 18:

Liturgy of Presanctified Gifts 6:00 am at Sobor

Friday March 20:

Liturgy of Presanctified Gifts 9:30 am at Sobor

Saturday March 21:

Divine Liturgy (Soul Saturday) 10:00 am at SELO

Sunday March 22:

Divine Liturgy 10:00 am at Sobor

Passia Service 5:00 pm at Sobor followed by Lenten meal.

ANNOUNCEMENTS

We ask our members to send in information about special – significant dates - anniversary or birthday announcements that can be shared with the rest of our membership.

DEPARTED IN MARCH 2019 -2025

Olyne Patryluk (23)

MARCH BIRTHDAYS

Roslie Pankiw (2); Fr. Deacon Mark Dumanski (06); Oksana Berkovska (10); Kathryn Griffin (13); Carol Dumalski (16); Olena Shyian (19); Terry Melnychuk (19); Chad Strecker (22)

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PARISH ACTIVITIES

- 1. Help Keep Our Coffee Hour Going!** Following Divine Liturgy, our parish gathers for fellowship-a time to strengthen our bonds as a church family. We are seeking volunteers to assist with coffee hour by setting up, serving and cleaning up afterward. Your help ensures that this beautiful tradition of fellowship continues. If you are able and willing to help, please sign up in the church basement. If anyone is willing to look after coffee every Sunday, please let Dob. Diana know.
- 2. We have 2026 Church Calendar available for \$10.00 each. If anyone is wanting a calendar please ask one of the council members or email to uocreginaoffice@gmail.com**
- 3. Our Parish will be hosting Mission Vespers with the clergy of the South Saskatchewan Orthodox Clergy Association (SSOCA) on March 15, 2026, 5:00 pm. If you can bring a Lenten dish for supper, it would be greatly appreciated and come help clean after.**
- 4. Our Parish will also be hosting Passia at 5:00 pm, on March 22, 2026, with the clergy of the Yorkton Mission District.**
- 5. On Feb 28, 2026, the meeting of the Consistory Board was approved that the UOCC AGM will be held on March 31, 2026, at 6:00 pm, via online. If you would like to attend, please email**

uocreginaoffice@gmail.com with your name and email address, so we can add you for zoom link and documentation that will be sent out.

Donations for Flowers for the Tomb of Christ

We are requesting donations for the decorating of the Tomb of Christ once again this year for Pascha. Please indicate on your donation envelope Flowers for Pascha.

MEMBERSHIP FOR 2026

At our AGM the membership voted that the 2026 membership dues will be
Single members \$200.00 and Family \$400.00

On the Third Sunday of the Great Fast the Holy Orthodox Church commemorates THE PRECIOUS AND LIVE-GIVING CROSS OF OUR LORD AND SAVIOUR JESUS CHRIST. *The commemoration and ceremonies of the Third Sunday of the Great Fast are closely parallel to the feasts of the Veneration of the Cross (September 14) and the Procession of the Cross (August 1). Not only does the Sunday of the Holy Cross prepare us for commemoration of the Crucifixion, but it also reminds us that the whole time of the Great Fast is a period when we are crucified with Christ. As we have “crucified the flesh with its passions and desires” (Galatians 5:24), and will have mortified ourselves during these forty days of the Fast, the precious and life-giving Cross is now placed before us to refresh our souls and encourage us who may be filled with a sense of bitterness, resentment, and depression. The Cross reminds us of the Passion of our Lord, and by presenting to us His example, it encourages us to follow Him in struggle and sacrifice, being refreshed, assured, and comforted. In other words, we must experience what the Lord experienced during His Passion - being humiliated in a shameful manner. The Cross teaches us that through pain and suffering we shall see the fulfillment of our hopes: the heavenly inheritance and eternal glory.*

